

### Ingredients

Enriched wheat flour (flour, niacin, iron as ferrous sulfate, thiamine mononitrate, enzyme, riboflavin, folic acid), water, high fructose corn syrup, yeast, sugar, partially hydrogenated soybean oil, contains less than 2% of the following: eggs, cottonseed oil, maltodextrin, salt, cinnamon, mono & diglycerides, modified corn starch, skim milk, date, sodium stearoyl lactylate, molasses, partially hydrogenated cottonseed oil, artificial flavor, colored with (beta carotene, caramel color), cellulose gel, ascorbic acid, cellulose gum.

### Allergy Info

(Manufacturers are asked to review for the following allergens: milk, egg, peanut, wheat, soy, tree-nut, and shellfish. If applicable, they will appear below.)

Egg, Milk, Wheat, Soy

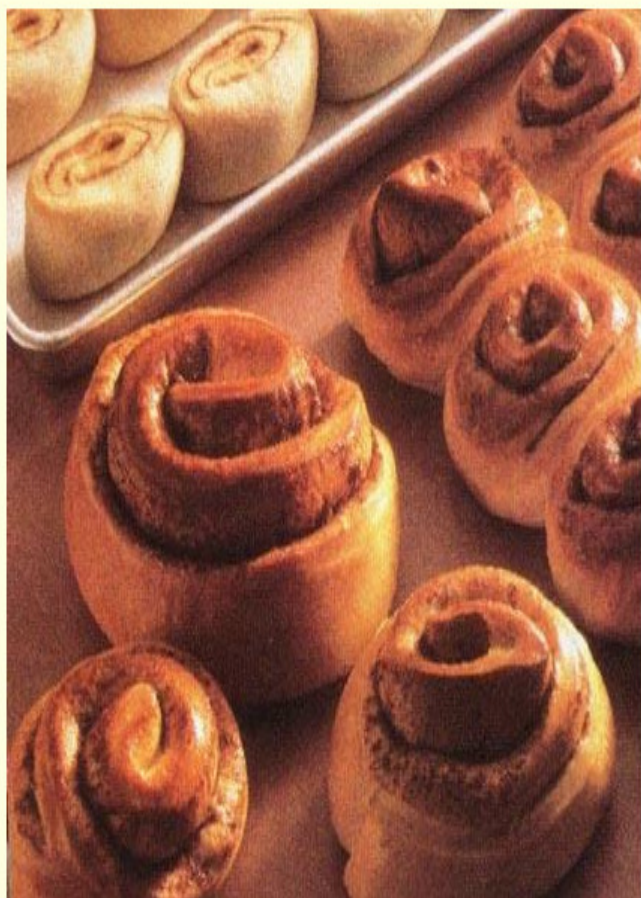
### Notes

Kosher symbol = K D

### Nutrition Facts

Serving Size	1 ea
Servings Per Case	84.00
<b>Amount Per Serving</b>	<b>% DV*</b>
<b>Calories</b> 290.0	<b>14%</b>
Fat Calories 45.0	
<b>Total Fat</b> 5.0g	<b>8%</b>
Saturated Fat 1.5g	<b>8%</b>
<b>Cholesterol</b> 5.0mg	<b>2%</b>
<b>Sodium</b> 320.0mg	<b>13%</b>
<b>Total Carbohydrates</b> 53.0g	<b>18%</b>
Dietary Fiber 2.0g	<b>8%</b>
Sugars 11.0g	<b>0%</b>
<b>Protein</b> 7.0g	<b>14%</b>
<b>Vitamin A</b> 10.0 IU	<b>0%</b>
<b>Calcium</b> 2.0mg	<b>0%</b>
<b>Iron</b> 15.0mg	<b>83%</b>

\* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.



### School Equivalents

Serving Size	1 ea
Meat/Meat Alternatives	
Fruit/Vegetables	
Grain/Bread	1
Milk	
Child Nutrition	NO

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