

### Ingredients

ENRICHED BLEACHED FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, SHORTENING (PALM OIL, VEGETABLE MONO AND DIGLYCERIDES, POLYSORBATE 80), BUTTERMILK SOLIDS, BAKING POWDER (SODIUM ACID PYROPHOSPHATE, SODIUM BICARBONATE, CORN STARCH, AND MONOCALCIUM PHOSPHATE), SUGAR, SALT.

### Allergy Info

(Manufacturers are asked to review for the following allergens: milk, egg, peanut, wheat, soy, tree-nut, and shellfish. If applicable, they will appear below.)

Milk,Wheat

### Nutrition Facts

|                                  |                 |
|----------------------------------|-----------------|
| Serving Size                     | 2.25 oz         |
| Servings Per Case                | 100.00          |
| <b>Amount Per Serving</b>        |                 |
| <b>Calories</b> 180.0            | <b>% DV*</b> 9% |
| Fat Calories 54.0                |                 |
| <b>Total Fat</b> 6.0g            | <b>9%</b>       |
| Saturated Fat 3.0g               | <b>15%</b>      |
| <b>Sodium</b> 620.0mg            | <b>26%</b>      |
| <b>Total Carbohydrates</b> 28.0g | <b>9%</b>       |
| Dietary Fiber 1.0g               | <b>4%</b>       |
| Sugars 3.0g                      | <b>0%</b>       |
| <b>Protein</b> 4.0g              | <b>8%</b>       |
| <b>Calcium</b> 200.0mg           | <b>20%</b>      |
| <b>Iron</b> 1.8mg                | <b>10%</b>      |

\* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.



### School Equivalents

|                        |               |
|------------------------|---------------|
| Serving Size           | 2.25 oz(1 ea) |
| Meat/Meat Alternatives |               |
| Fruit/Vegetables       |               |
| Grain/Bread            | 2             |
| Milk                   |               |
| Child Nutrition        | NO            |

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