

Ingredients

Cooked Mostly Dark Meat Chicken (Chicken, Water, Salt, Chicken Flavor [Salt, Wheat Starch, Flavor], Carrageenan, Modified Food Starch, Sodium Phosphate), Dressing (Soybean Oil, Water, High Fructose Corn Syrup, Vinegar, Egg Yolk, Modified Food Starch, Salt, Calcium Disodium EDTA [Protect Quality]), Celery, Cooked White Chicken (White Chicken, Water, Salt, Dextrose, Carrageenan), Seasoning (Sugar, Modified Food Starch, Glucono Delta-Lactone, Salt, Whey Concentrate, Xanthan Gum, Potassium Sorbate [Preservative]), Breadcrumbs (Bleached Wheat Flour, Yeast, Sugar, Salt), Sweet Relish (Cucumbers, High Fructose Corn Syrup, Water, Vinegar, Salt, Xanthan Gum, Sodium Benzoate [Preservative], Natural Flavors, Calcium Chloride, Turmeric), Vinegar.

Allergy Info

(Manufacturers are asked to review for the following allergens: milk, egg, peanut, wheat, soy, tree-nut, and shellfish. If applicable, they will appear below.)

Egg, Milk, Wheat

Nutrition Facts

Serving Size	3.53 oz
Servings Per Case	45.00
Amount Per Serving	% DV*
Calories 200.0	10%
Fat Calories 117.0	
Total Fat 13.0g	20%
Saturated Fat 2.5g	13%
Cholesterol 40.0mg	13%
Sodium 700.0mg	29%
Total Carbohydrates 14.0g	5%
Sugars 8.0g	0%
Protein 9.0g	18%
Vitamin A 100.0 IU	2%
Vitamin C 2.4mg	4%
Iron 0.4mg	2%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.



School Equivalents

Serving Size	
Meat/Meat Alternatives	
Fruit/Vegetables	
Grain/Bread	
Milk	
Child Nutrition	NO

The product information, nutritional information and list of ingredients provided on this website were obtained from the vendor or manufacturer of the product. eFoodUSA, Inc. and Fox River Foods, Inc. do not perform any independent evaluation of the products, including nutritional value of the food or the contents of its