

UPC: 000-28029-61946-1

### Sales/Marketing

Breaded precooked pollock portions. Very slightly seasoned portions, it has a mild flavor and a light crunch. Good on a bun and served with an order of fries on the side.

### Packaging

45/3.6 oz hoagie. Frozen shelf life 12 months. Vacuumed packed.

### Preparation

Use frozen. It is a pre-cooked item, heat to internal temperature of 165 degrees. Convection Oven : Preheat oven to 375 degrees, bake for 15 to 18 minutes. Conventional oven; Preheat oven to 425 degrees, bake for approximately 20-25 minutes. Deep Fry : Preheat fryer to 350 degrees, fry for 4 1/2 to 5 minutes. Cooking Times & Temperatures may vary with equipment. For added crispness, cook slightly longer.

### Ingredients

ALASKA POLLOCK, BATTER & BREADING : ENRICHED UNBLEACHED WHEAT FLOUR (FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, MODIFIED FOOD STARCH, YELLOW CORN FLOUR, FOOD STARCH, SUGAR, IODIZED SALT, PARTIALLY HYDROGENATED SOYBEAN OR COTTONSEED OIL, DRIED WHEY, SALT, LEAVENING (SODIUM BICARBONATE, SODIUM ALUMINUM PHOSPHATE, SODIUM ACID PYROPHOSPHATE), DEXTROSE, DRIED WHOLE EGGS, YEAST, DRIED NONFAT MILK, SPICE. PREFRIED IN VEGETABLE OIL (SOYBEAN OR CANOLA OIL).

### Allergy Info

(Manufacturers are asked to review for the following allergens: milk, egg, peanut, wheat, soy, tree-nut, and shellfish. If applicable, they will appear below.)

Egg, Milk, Wheat, Soy, Fish

### Notes

CN labeled.

### Nutrition Facts

Serving Size	3.6 oz
Servings Per Case	45.00
<b>Amount Per Serving</b>	<b>% DV*</b>
<b>Calories</b> 180.0	<b>9%</b>
Fat Calories 72.0	
<b>Total Fat</b> 8.0g	<b>12%</b>
Saturated Fat 1.0g	5%
<b>Cholesterol</b> 14.0mg	<b>5%</b>
<b>Sodium</b> 265.0mg	<b>11%</b>
<b>Total Carbohydrates</b> 15.0g	<b>5%</b>
Dietary Fiber 1.0g	4%
Sugars 3.0g	0%
<b>Protein</b> 11.0g	<b>22%</b>
<b>Calcium</b> 10.0mg	<b>1%</b>
<b>Iron</b> 0.7mg	<b>4%</b>

\* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.



### School Equivalents

Serving Size	3.6 oz
Meat/Meat Alternatives	2
Fruit/Vegetables	0
Grain/Bread	1
Milk	0
Child Nutrition	YES

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