

UPC: 100-30000-43573-8

Sales/Marketing

Aunt Jemima's Jumbo Square Waffle starts you off with a 1.27 oz. square meal in the morning. The classic American waffle with calcium and vitamin-enriched flour for good health.

Packaging

144/1.25 oz. waffles. Keep frozen. Frozen shelf life 9 months.

Preparation

Conventional Oven: Preheat oven to 400 degrees F. Bake on ungreased baking sheet for 4 to 6 minutes or until golden brown and hot. Convection Oven: Preheat oven to 350 degrees F. Bake on ungreased baking sheet for 4 to 5 minutes or until golden brown and hot. Griddle: Preheat griddle to 375 degrees F. Heat for 3 to 4 minutes per side. Slot Toaster: Heat at Medium/Middle setting until golden brown and hot. Frozen waffles may require more than one toasting cycle. Microwave Oven: Do not microwave waffles.

Ingredients

Enriched wheat flour (flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), water, whey, partially hydrogenated soybean oil, sugar, leavening (sodium acid pyrophosphate, baking soda), calcium carbonate, eggs, salt, reduced iron, niacinamide, vitamin B12, colored with (yellow 5, yellow 6), pyridoxine hydrochloride, riboflavin, thiamin mononitrate, natural and artificial flavors.

Allergy Info

(Manufacturers are asked to review for the following allergens: milk, egg, peanut, wheat, soy, tree-nut, and shellfish. If applicable, they will appear below.)

Egg, Milk, Wheat, Soy

Notes

Kosher symbol = O U/D

Nutrition Facts

Serving Size	2 ea
Servings Per Case	72.00
Amount Per Serving	% DV*
Calories 190.0	10%
Fat Calories 45.0	
Total Fat 5.0g	8%
Saturated Fat 1.5g	0%
Cholesterol 3.0mg	1%
Sodium 510.0mg	21%
Total Carbohydrates 32.0g	11%
Dietary Fiber 1.0g	4%
Sugars 3.0g	0%
Protein 4.0g	8%
Calcium 300.0mg	30%
Iron 3.6mg	20%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.



School Equivalents

Serving Size	2 ea
Meat/Meat Alternatives	
Fruit/Vegetables	
Grain/Bread	2 1/4
Milk	
Child Nutrition	NO

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