

PARMESAN CHEESES BLENDED INTO THE MEATBALLS.

CASSEROLES, SPAGHETTI, LASAGNA OVEN: 325 F. FOR 20 MINUTES OR SIMMER IN SPAGHETTI SAUCE FOR 30 MINUTES. MICROWAVE: PLACE IN A MICROWAVE SAFE DISH IN A FROZEN STATE. MICROWAVE ON HIGH. HEAT PRODUCT UNTIL INTERNAL TEMPERATURE IS 165 DEGREES.

Ingredients

PORK, BEEF, WATER, EGGS, TEXTURED SOY PROTEIN CONCENTRATE (SOY PROTEIN CONCENTRATE, CARAMEL COLOR), CONTAINS 2% OR LESS OF THE FOLLOWING: DEHYDRATED ONIONS, OREGANO, PEPPER, GARLIC POWDER, PARSLEY, ROMANO CHEESE (SHEEP'S MILK, RENNET, SALT), SPICES, FLAVORINGS, CORN SYRUP SOLIDS, BREAD CRUMBS (WHEAT FLOUR, SALT, YEAST), SOY PROTEIN CONCENTRATE, SALT, SODIUM PHOSPHATE.

Allergy Info

(Manufacturers are asked to review for the following allergens: milk, egg, peanut, wheat, soy, tree-nut, and shellfish. If applicable, they will appear below.)

Egg, Milk, Wheat, Soy

Nutrition Facts

Serving Size	3 oz
Servings Per Case	53.00
Amount Per Serving	% DV*
Calories 250.0	12%
Fat Calories 176.4	
Total Fat 19.6g	30%
Saturated Fat 8.0g	40%
Cholesterol 50.8mg	17%
Sodium 630.6mg	26%
Total Carbohydrates 3.7g	1%
Dietary Fiber 1.6g	7%
Sugars 0.7g	0%
Protein 13.3g	27%
Vitamin A 89.2 IU	2%
Vitamin C 3.1mg	5%
Calcium 45.5mg	5%
Iron 1.8mg	10%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.



School Equivalents

Serving Size	
Meat/Meat Alternatives	
Fruit/Vegetables	
Grain/Bread	
Milk	
Child Nutrition	NO

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