

22% GREEN PEAS, 22% DICED CARROTS, 22% SIMPLY SWEET CUT CORN, 22% GREEN BEANS, 12% LIMA BEANS. MEETS CLASSIC STANDARS WHICH EXCEED USDA GRADE A. EXCELLENT FOR SOUPS, STEWS, OR SIDE VEGETABLE.

1/20#. STORAGE TEMPERATURE = 0 DEGREES.

PACK IS IQF AND WILL THAW VERY QUICKLY AT ROOM TEMPERATURE. COOK UNTIL TENDER (STOVE TOP, STEAMER OR MICROWAVE). DO NOT OVERCOOK. *USE IN SOUPS, STEWS, AND OTHER RECIPES.

Ingredients

PEAS, CARROTS, CORN, GREEN BEANS, LIMA BEANS, SALT.

Allergy Info

(Manufacturers are asked to review for the following allergens: milk, egg, peanut, wheat, soy, tree-nut, and shellfish. If applicable, they will appear below.)

NONE

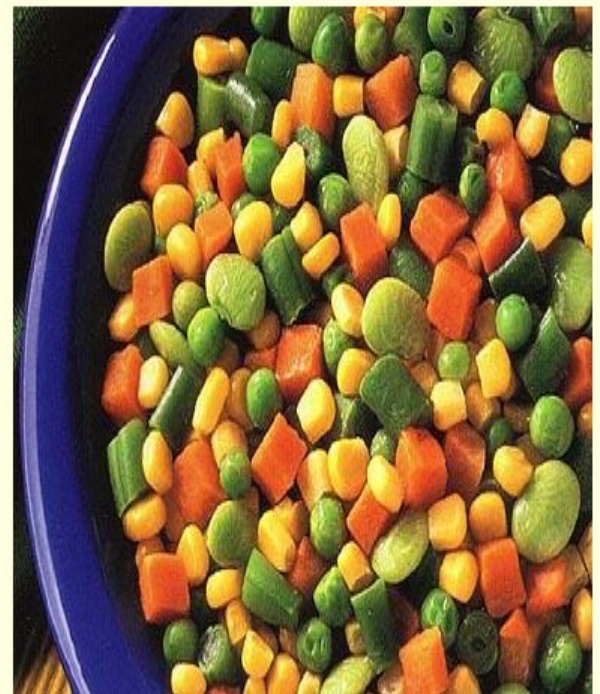
Notes

Kosher symbol = Square K

Nutrition Facts

Serving Size	3 oz
Servings Per Case	106.00
Amount Per Serving	
Calories 60.0	% DV* 3%
Sodium 45.0mg	2%
Total Carbohydrates 12.0g	4%
Dietary Fiber 3.0g	12%
Sugars 3.0g	0%
Protein 3.0g	6%
Vitamin A 1000.0 IU	20%
Vitamin C 9.0mg	15%
Calcium 20.0mg	2%
Iron 0.7mg	4%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.



School Equivalents

Serving Size	3 oz
Meat/Meat Alternatives	
Fruit/Vegetables	1/2
Grain/Bread	
Milk	
Child Nutrition	NO

The product information, nutritional information and list of ingredients provided on this website were obtained from the vendor or manufacturer of the product. eFoodUSA, Inc. and Fox River Foods, Inc. do not perform any independent evaluation of the products, including nutritional value of the food or the contents of its ingredients. eFoodUSA, Inc. and Fox River Foods, Inc. provide product information, nutritional information and/or list of ingredients solely as a courtesy.