

provides the key ingredients (simply add rice or noodles to complete) for a "restaurant quality" meal. 4oz portion = 2oz portion of chicken and 2 oz portion of sauce.

preheat oven to 400 degrees, place chicken on pan in a single layer. Heat approximately 20 minutes. Sauce; Open pouch and pour sauce into pan, Heat for approximately 12 minutes. Remove pan from oven and stir sauce, return pan to oven to heat approximately another 8 minutes. Mix sauce with chicken immediately before serving. Optional sauce heating method; place sauce in heating kettle, heat to 150 degrees, stir to avoid scorching. Pour carefully over chicken immediately before serving.

Ingredients

SAUCE; WATER, SUGAR, ORANGE JUICE CONCENTRATE, DEXTROSE, VINEGAR (VINEGAR AND WATER), MODIFIED FOOD STARCH, SOY SAUCE (WATER, SOYBEAN, WHEAT FLOUR, SALT, SUGAR, SODIUM BENZOATE [LESS THAN 0.1% AS FOOD PRESERVATIVE]), WORCESTERSHIRE SAUCE (DISTILLED VINEGAR, MOLASSES, CORN SYRUP, WATER, SALT, CARAMEL COLOR, SUGAR, SPICES, ANCHOVIES, NATURAL FLAVOR [CONTAINS SOY], AND TAMARIND), KEY LIME JUICE CONCENTRATE, CITRIC ACID, GARLIC POWDER, XANTHAN GUM, SODIUM BENZOATE, ANNATTO (POLYSORBATE 80, POLYGLYCEROL ESTERS, PROPYLENE GLYCOL, POTASSIUM HYDROXIDE, ANNATTO EXTRACT); FULLY COOKED BREADED AND BATTERED DARK MEAT CHICKEN (DARK MEAT CHICKEN, WATER, MODIFIED FOOD STARCH, SALT, SODIUM PHOSPHATES, WHITE PEPPER, BATTER, (WATER, ENRICHED BLEACHED WHEAT FLOUR [ENRICHED WITH NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID], MODIFIED WHEAT STARCH, MODIFIED CORN STARCH, SALT, PARTIALLY HYDROGENATED SOYBEAN AND COTTONSEED OIL, GARLIC POWDER, SPICE, ONION POWDER), BREADING [CORN STARCH, ENRICHED BLEACHED WHEAT FLOUR [ENRICHED WITH NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID], MODIFIED CORN STARCH, YELLOW CORN FLOUR, SALT DEXTROSE, LEAVENING [SODIUM ALUMINUM PHOSPHATE, SODIUM BICARBONATE], YEAST BLANCHED IN VEGETABLE OIL)

Allergy Info

(Manufacturers are asked to review for the following allergens: milk, egg, peanut, wheat, soy, tree-nut, and shellfish. If applicable, they will appear below.)

Wheat, Soy, Anchovies

Nutrition Facts

Serving Size	4oz
Servings Per Case	80.00
Amount Per Serving	
Calories 240.0	% DV* 12%
Fat Calories 54.0	
Total Fat 6.0g	9%
Saturated Fat 1.5g	8%
Cholesterol 15.0mg	5%
Sodium 390.0mg	16%
Total Carbohydrates 40.0g	13%
Sugars 24.0g	0%
Protein 7.0g	14%
Vitamin C 4.8mg	8%
Iron 1.4mg	8%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

School Equivalents

Serving Size	
Meat/Meat Alternatives	
Fruit/Vegetables	
Grain/Bread	
Milk	
Child Nutrition	NO

The product information, nutritional information and list of ingredients provided on this website were obtained from the vendor or manufacturer of the product.