



UPC: 100-30000-43571-4

Sales/Marketing

Original pancakes are a breakfast tradition. Enjoy the mainstay of morning fare that is perfect any time of the day without fuss of time-consuming preparation. Delicious in just minutes.

Packaging

144/1.2 oz. Shelf life 9 months. Keep frozen.

Preparation

HEATING - PLACE PANCAKES IN A SINGLE LAYER ON SHEET PAN. DO NOT OVERLAP. FOR BEST RESULTS, COVER PANCAKES WITH FOIL OR INVERTED SHEET PAN BEFORE CONVENTIONAL OVEN - HEAT IN 400 DEGREES F OVEN FOR 11-13 MINUTES. MICROWAVE OVEN - COOK ON HIGH 35 SECONDS FOR 2 STACKED PANCAKES AND 50 SECONDS FOR 3 STACKED PANCAKES. SLOT TOASTER - TOAST ON MEDIUM SETTING FOR ONE CYCLE. REPEAT IF NECESSARY. ROTARY TOASTER/GRIDDLE - FOR BEST RESULTS, DO NOT HEAT BY THESE METHODS.

Ingredients

Enriched wheat flour (flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), water, high fructose corn syrup, corn flour, eggs, partially hydrogenated soybean oil, soy flour. Contains 2% or less of: buttermilk, leavening (sodium aluminum pyrophosphate, sodium bicarbonate), salt, artificial flavor.

Allergy Info

(Manufacturers are asked to review for the following allergens: milk, egg, peanut, wheat, soy, tree-nut, and shellfish. If applicable, they will appear below.)

Wheat, Egg, Milk, Soy.

Notes

Kosher symbol = O U/D

Nutrition Facts

Serving Size	3.75 oz
Servings Per Case	48.00
Amount Per Serving	% DV*
Calories 210.0	11%
Fat Calories 31.5	
Total Fat 3.5g	5%
Saturated Fat 0.5g	3%
Cholesterol 20.0mg	7%
Sodium 560.0mg	23%
Total Carbohydrates 40.0g	13%
Dietary Fiber 2.0g	8%
Sugars 7.0g	0%
Protein 6.0g	12%
Calcium 40.0mg	4%
Iron 1.8mg	10%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.



School Equivalents

Serving Size	1 pancake
Meat/Meat Alternatives	
Fruit/Vegetables	
Grain/Bread	1
Milk	
Child Nutrition	NO