

Otis Spunkmeyer blueberry muffins.

96/2.25 oz muffins. Keep frozen. Shelf life (unopened) from date of production 6 months; 7 days (unopened) when thawed at room temperature and stored in original packaging.

Thaw and serve.

Ingredients

SUGAR, ENRICHED BLEACHED FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID, EGGS, SOYBEAN OIL, BLUEBERRIES, WATER, MODIFIED FOOD STARCH, CONTAINS LESS THAN 2 % OF THE FOLLOWING: LEAVENING (SODIUM ALUMINUM PHOSPHATE, BAKING SODA, MONOCALCIUM PHOSPHATE) WHEAT GLUTEN, SOY FLOUR, WHEY, SALT, POTASSIUM SORBATE AS A PRESERVATIVE, PROPYLENE GLYCOL MONOSTEARATE, MONOGLYCERIDES, SODIUM STEAROYL LACTYLATE.

Allergy Info

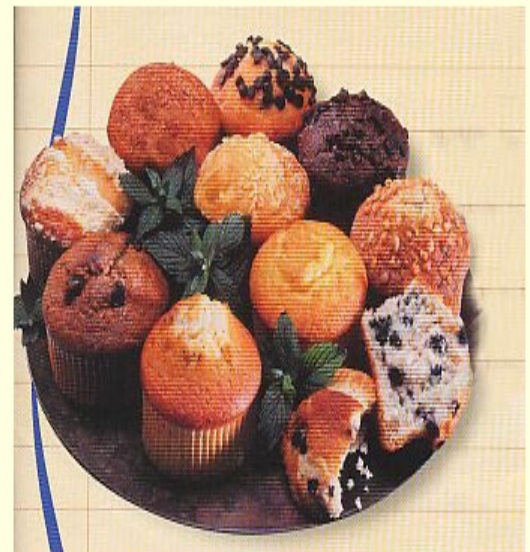
(Manufacturers are asked to review for the following allergens: milk, egg, peanut, wheat, soy, tree-nut, and shellfish. If applicable, they will appear below.)

WHEAT, EGG, MILK, SOY

Nutrition Facts

Serving Size	1 ea (2.25 oz)
Servings Per Case	96.00
Amount Per Serving	
Calories 230.0	% DV* 12%
Fat Calories 117.0	
Total Fat 13.0g	20%
Saturated Fat 2.5g	13%
Cholesterol 45.0mg	15%
Sodium 230.0mg	10%
Total Carbohydrates 27.0g	9%
Dietary Fiber 1.0g	4%
Sugars 20.0g	0%
Potassium 120.0mg	3%
Protein 3.0g	6%
Vitamin C 2.4mg	4%
Calcium 20.0mg	2%
Iron 0.7mg	4%
Phosphorus 100.0mg	10%
Thiamin 0.2mg	10%
Riboflavin 0.1mg	8%
Niacin 0.8mg	4%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.



School Equivalents

Serving Size	1 ea (2.25 oz)
Meat/Meat Alternatives	
Fruit/Vegetables	
Grain/Bread	1
Milk	
Child Nutrition	NO

The product information, nutritional information and list of ingredients provided on this website were obtained from the vendor or manufacturer of the product. eFoodUSA, Inc. and Fox River Foods, Inc. do not perform any independent evaluation of the products, including nutritional value of the food or the contents of its ingredients. eFoodUSA, Inc. and Fox River Foods, Inc. provide product information, nutritional information and/or list of ingredients solely as a courtesy.