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510100 - 113CT APPLES WASH RED DEL FANCY



UPC:

Sales/Marketing
FRESH WASHINGTON RED APPLES. GREAT FOR SNACKING. CAN PEEL,DICE,SLICE OR BAKE

Packaging
113CT. CAN REFRIGERATE OR STORED IN A COOL DRY AREA.

Preparation
CORING, PEELING/PARING, RINGS/CIRCLES, TIDBITS, DICED/CUBED, SLICES/QUARTERS , CHUNKS/PIECES, STICKS.

Ingredients
APPLE
Allergy Info
(Manufacturers are asked to review for the following allergens: milk, egg, peanut, wheat, soy, tree-nut, and shellfish. If applicable, they will appear below.)
NONE

Nutrition Facts	
Serving Size	1 ea
Servings Per Case	113.00
Amount Per Serving	% DV*
Calories 80.0	4%
Fat Calories 4.5	
Total Fat 0.5g	1%
Total Carbohydrates 22.0g	7%
Dietary Fiber 4.0g	16%
Sugars 20.0g	0%
Protein 2.0g	4%
Vitamin C 3.6mg	6%
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.	

School Equivalents	
Serving Size	1/4c with peel
Meat/Meat Alternatives	
Fruit/Vegetables	1
Grain/Bread	
Milk	
Child Nutrition	NO

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